

At night...

At night I can find no peace.
Sorrow and grief,
sorrow...
sorrow and grief, crowd my sleep,
as memories fill my dreams,
as memories fill my bed.

How can I go on from here,
with someone new?

How can I begin to trust,
in loving you?

How can I move past the time,
of all those years?

How can I unlock my heart,
release my fears?

Release my fears.

At night I can find no peace.
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sorrow...
sorrow and grief, crowd my sleep,
as memories fill my dreams,
as memories fill my bed.

How can I?
How can I, how can I go on?

Release my fears.

How can I fill my dreams?
Fill my heart, loving you.
Loving you.

text by Rain Worthington (2001)